



Aetna Better Health[®] of Virginia

1-800-279-1878
TTY 711

www.aetnabetterhealth.com/virginia

Added benefits:

Adult dental and vision

- 2 dental exams and cleanings and 1 set of x-rays each year, plus fillings and extractions
- 1 eye exam and \$100 for frames, glasses or contacts each year

Healthy moms and kids

- Maternity incentive program
- Ted E. Bear, M.D.[™] Club
- Free swim lessons
- Free sports physicals

Phone and online tools

- Free smartphone with 350 minutes, data and unlimited texts each month
- 24/7 Member Services

Wellness programs

- Better Breathing asthma program and second inhaler or nebulizer
- Diabetes Care for Life program

Other benefits

- 1 hearing aid per year
- Free rides to grocery store, church or social activity (30 round trips each year)
- GED certificate incentive
- Meals delivered to your home after hospital stay, 2 meals each day for 7 days



Anthem[®] HealthKeepers Plus
Offered by HealthKeepers, Inc.

1-800-901-0020
TTY 711

www.anthem.com/vamedicaid

Added benefits:

Healthy moms and kids

- Boys & Girls Club memberships (where available)
- Sports physicals for kids
- Books for Babies: 3 books for ages up to 24 months

Phone and online tools

- Free smartphone with 350 minutes, 500 MB of data and unlimited texts each month
- Mobile app to use on the go

Wellness programs

- \$120 in vouchers for 13 weeks of Weight Watchers[®] local meetings and 14 weeks of eTools
- Active & Fit[®] online fitness classes
- Online search tool to find food, jobs and more

Other benefits

- GED testing vouchers, up to \$120
- Free rides to grocery stores, food banks and farmer's markets
- Up to \$25 for taking care of yourself through our Healthy Rewards gift card program
- Air purifier (with authorization)



1-800-424-4518
TTY 711

www.MCCofVA.com

Added benefits:

Adult dental and vision

- 2 dental exams and cleanings and 1 set of x-rays each year (\$1,500 year limit)
- \$150 for glasses or contact lenses every 2 years

Healthy moms and kids

- Pregnancy self-management incentives and mobile tools
- Support after a home placement for foster children
- Child weight loss support

Phone and online tools

- Free smartphone with 350 minutes, 1 GB of data and unlimited texts each month

Wellness programs

- Healthy Rewards gift card program up to \$50
- Mobile app to help quit smoking
- Web tool to improve anxiety, insomnia and depression

Other benefits

- Fresh meals delivered to your home after hospital stay
- \$1,500 toward special services for children on the autism spectrum



1-800-881-2166
TTY 711

www.optimahealth.com/familycare

Added benefits:

Adult dental and vision

- 1 dental cleaning and 1 set of x-rays each year
- Discount for frames, lenses and contacts

Healthy moms and kids

- OB care support programs, Baby Showers and incentives up to \$75
- Ready, Set, Read! child reading and language program
- Free breast feeding classes and breast pumps

Phone and online tools

- Free smartphone with 350 minutes, unlimited texts and free calls to health plan each month
- Web and mobile app tools

Wellness programs

- Help to quit smoking
- Weight management
- Wellness rewards for healthy behavior

Other benefits

- Up to \$275 for GED prep and testing vouchers for foster care members
- Member education home visit
- Free sports physicals



1-844-752-9434
TTY 711

www.uhccommunityplan.com/va

Added benefits:

Adult dental and vision

- 1 eye exam each year
- Frames and lenses every 2 years

Healthy moms and kids

- Baby Blocks incentives program
- Prenatal and maternity incentives
- Assistance for asthmatics
- Free sports physical
- Free Boys & Girls Club registration
- KidsHealth[®] online resources

Phone and online tools

- Free smartphone with 350 minutes, data and unlimited texts each month
- On My Way[™] website for teens

Wellness programs

- Weight Watchers[®]
- Member rewards
- Behavior management incentives
- Adult pain management and treatment (non-opioid)

Other benefits

- Fresh EBT mobile app
- Fotonovelas health education pamphlet in Spanish
- Meal deliveries
- Rides to certain non-medical sites, including WIC appointments and food banks



1-800-727-7536 | TTY 711
www.virginiapremier.com

Northern Virginia members* with Kaiser Permanente: 1-855-249-5025

Added benefits:

Adult dental and vision

- 1 dental exam, cleaning and set of bite wing x-rays each year
- *Bridge the Gap*: Full dental coverage for members in foster care ages 21-26
- Lenses and up to \$100 for frames or contacts every 48 months

Healthy moms and kids

- Baby Showers
- Breast pump, prenatal and parenting classes, lactation consultant, and family planning
- Healthy Heartbeats prenatal and postpartum wellness program with incentives
- Safe Sleep education program

Phone and online tools

- Free smartphone with 350 minutes, 1 GB of data and unlimited texts each month

Wellness programs

- Exercise at participating fitness centers
- Prevention and wellness rewards gift cards
- Help to quit smoking
- Nutrition education program

*Available in: Arlington, Alexandria, Fairfax, Falls Church, Loudoun, Manassas, Manassas Park and Prince William